



## 2010 HEROES AWARD CATEGORIES

*Please check one:*

- Youth (under 18)
- Law Enforcement
- Firefighter
- Adult Role Model
- Educator
- Group
- Workplace
- Medical
- Military
- Adult Rescue
- Volunteer
- Community

# *I know a Hero...*

Heroes make the world a better place. Heroes touch lives. They save lives. They help when help is needed. They are your family, your neighbor, your friend, your co-worker. If you know a Hero, please nominate this individual or group in the appropriate category. Winners will be selected by a group of community leaders and recognized at the Heroes award ceremony, to be held on April 15, 2010.

**NOMINATION DEADLINE!  
FEBRUARY 5, 2010**

### REAL HERO NOMINATOR:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

### REAL HERO NOMINEE:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Why are you nominating this person? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### PLEASE FAX, EMAIL OR MAIL NOMINATION FORMS:

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Email: [heroes@arcswin.org](mailto:heroes@arcswin.org)